

## Aging Answers for Pastors

Lutheran Senior Services specializes in “*older adults living life to the fullest.*” We have multiple resources available to help you respond to senior-related questions, such as those listed below, from your church family. If you have a question not addressed, your LSS Congregational Contact will be happy to connect you with the appropriate person on staff.

1. What help is available for older adults living at home?  
**Lutheran Senior Services In-Home Services – (314) 963-3430**
2. What does older adult ministry in a congregation look like and how can it be developed?  
**Lutheran Senior Services Church Relations – (314) 446-2393**
3. How can I assist my members who are interested in learning more about senior living communities, affordable housing, or skilled nursing facilities?  
**Lutheran Senior Services Marketing – (314) 446-2367**
4. What determines if an older adult can no longer live at home?  
**Lutheran Senior Services Outreach Services – (314) 961-3468**
5. What support can a family, pastor and church offer when an older adult transitions from home into senior living?  
**Lutheran Senior Services Pastoral Care – (314) 446-2343**
6. Are support groups and services available for caregivers?  
**Lutheran Senior Services Outreach Services – (314) 961-3468**
7. What psychological and emotional issues do older adults encounter?  
**Lutheran Senior Services Pastoral Care – (314) 446-2343**
8. How can you tell if an older adult needs to be evaluated for Alzheimer’s disease?  
**Lutheran Senior Services In-Home Services – (314) 963-3430**
9. How can the needs of the “young” age, “middle” age, and “elderly” older adults be met in a congregation?  
**Lutheran Senior Services Church Relations – (314) 446-2393**
10. How can I access older adult resources and community assistance programs that are available in the St. Louis metro area?  
**Lutheran Senior Services Outreach Services – (314) 961-3468**